WHEN THROWING A PARTY

**Before**
- **Know your lease policies, liability and insurance.** Some leases limit the number of people in your home or parties that you can throw. Insurance may not cover damage that occurs from illegal behavior at a party.
- **Show your neighbor courtesy** by informing them about your party, providing your number, and encouraging them to reach out directly to you with any concerns.
- **Determine and announce a start and end time for party.**
- **Prepare a guest list.** The likelihood of theft or damage will decrease, if you know everyone in attendance.
- **Lock up and put away any valuables** especially technology, wallets, and handbags.
- **Offer snacks and non-alcoholic drinks.**
- **Have guests BYOB and stick to closed containers.** Avoid large containers of open, mixed drinks (e.g. jungle juice).
- **Determine any extra apparent hazards** and prepare for them accordingly (pools, fire pits, candles, etc.).
- **Choose one area for an entrance and exit point.** This will make it easier to ensure guests were invited, do not leave with open containers, have a safe way home, etc.

**During**
- **Designate sober persons to monitor the party.** Split up the tasks. Ask them to be attentive and help keep the noise level appropriate, check IDs, keep alcohol inside, and the bathroom line moving so guests do not go outside. **Seek help when needed and call 911 in an emergency.**
- **Prevent drinking games** by planning non-alcohol based party activities like dancing, yard games, and more.
- **Call Police if any fights break out at your party.**
- **Tell guests if they have had enough** - you have the right to do so.
- **Prevent illegal drug use.** Even if you choose to not participate, what happens at your party is still your responsibility.
- **Prevent smoking inside** to reduce the chance of fire or damage to your place of residence.

**After**
- **Clean your property and the surrounding area early.** Be sure any trash left by your guests is not littering the neighborhood.
- **Check in with your neighbors** to see how the party went. **Was the party too loud? Were guests acting unfavorably?** Make changes accordingly for your next party.

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WHEN HEADING TO A PARTY

**Before**
- **Plan safe way home for you & your friends.** Uber, CyRide, Lyft, Taxi, or sober friend.
- **Eat a full meal** (low in sodium) to slow down the absorption of alcohol.

**During**
- **Stick with the group you came with and don’t leave anyone alone.** Account for each other and check in.
- **Prepare your own drinks** to control the amount of alcohol you consume and ensure no one tampers with it.
- **Pace yourself & alternate drinks with non-alcoholic beverages** (e.g. water).
- **Avoid drinking from large containers with mixed alcohol** (e.g. jungle juice).
- **Snack throughout the night.**

**After**
**Ensure everyone you came with gets home safely.** Be sure they are not experiencing any signs of alcohol poisoning before leaving them by themselves. **Do not let them “sleep it off”.**
ALCOHOL POISONING
SIGNS & SYMPTOMS
• Mental confusion, stupor, coma, or person cannot be roused
• Excessive vomiting
• Seizures
• Slow breathing (fewer than eight breaths per minute)
• Irregular breathing (a gap of more than 10 seconds between breaths)
• Hypothermia (low body temperature), bluish skin color, paleness

CALL FOR HELP IF ANY SIGN IS PRESENT!
• DO NOT let anyone sleep it off or try to guess their level of intoxication.
• Police are more concerned about the person’s safety than if you have been drinking under the legal age.

IOWA STATE UNIVERSITY STUDENT POLICY (applies to Iowa State students only)

IOWA STATE UNIVERSITY OFFICE OF STUDENT CONDUCT may pursue university charges if behavior is contradictory to university policy:

Parties that involve any violation of law including underage drinking or possession of any illegal substances could be impacted by the following ISU Student Disciplinary policies: Misuse of Alcoholic Beverages and Controlled Substances, Disruption of Rights (Disorderly Conduct or Disturbing the Peace), Endangerment, or violation of any local, state, or federal law or policy not noted here.

DID YOU KNOW?

NUISANCE PARTY A social gathering or party within the City that results in one or more conditions of events occurring at the party or neighboring the party including: littering, noise violation, public urination, illegal parking, public intoxication, underage drinking and others as outlined in Ames Municipal Code 17.30.

SOCIAL HOST A person who knowingly allows or fails to stop any person under 21 from drinking alcohol on their property could be charged with a misdemeanor. If you own, lease, or have the lawful right to the use of the property, you cannot allow minors to consume alcohol on the property.

POSSSESSION UNDER LEGAL AGE You must be 21 years of age to consume, purchase, attempt to purchase, or possess alcohol.

CONSUMPTION IN PUBLIC It is illegal to use or consume alcohol on public streets or in any public place except for exceptions outlined in Ames Municipal code 17.17.

PUBLIC INTOXICATION Any person cannot be intoxicated or simulate intoxication in a public place.

FAKE IDS Any person who has in their possession any fictitious or altered license, or lends their license to another person, or uses another person’s license could be charged with a serious misdemeanor and arrestable offense.

OPERATING WHILE INTOXICATED The legal limit for operating while intoxicated is .08, but an individual can be charged for an OWI even if their BAC is below .08 if they are impaired. For people under 21 years old, the legal BAC limit is .02.

LITTERING Throwing an item of trash (e.g. container of alcohol) on the ground could result in a citation or arrest.

NOISE The maximum noise level from 7AM to Midnight is 60 decibels. All other hours is 55 decibels. The volume of a normal conversation is about 60 decibels so if you are outside and still need to talk louder than normal, the party is too loud. If you wish to submit an application for a noise permit, you must do so with the Ames PD at least 24 hours in advance.

CITY OF AMES ORDINANCES
www.cityofames.org/municipalcode

IOWA STATE STUDENT DISCIPLINARY POLICY
www.policy.iastate.edu/policy/SDR

A PARTNERSHIP

IOWA STATE UNIVERSITY
Student Health and Wellness | Police Department | Student Conduct

CALL FOR HELP IF ANY SIGN IS PRESENT!

• DO NOT let anyone sleep it off or try to guess their level of intoxication.

POLICE ARE MORE CONCERNED ABOUT THE PERSON’S SAFETY THAN IF YOU HAVE BEEN DRINKING UNDER THE LEGAL AGE.

911 (emergency number)
Ames Police Department (non-emergency)
(515) 239-5133
Ames Police Safe Neighborhoods Team
(515) 231-4661

CAMPUS
Iowa State University Police (non-emergency)
(515) 294-4428
Student Wellness
(515) 294-1099
Thielen Student Health Center
(515) 294-5801
Office of Student Conduct
(515) 294-1020

IMPORTANT NUMBERS